

VIRGINIA MILITARY INSTITUTE

MEDICAL CHECKLIST

Log in to your Mediat portal account at <https://vmi.medicatconnect.com> to upload completed forms and complete online VMI Health History.

(Please see Instructions for Medical Requirements sheet for details on how to register for your Mediat portal account and submit the required information)

Please do not mail, fax or email completed forms to us. Please also do not upload these forms to Admissions via Box.

FORMS TO BE COMPLETED BY THE HEALTH CARE PROVIDER:

1. Physical Examination Form

- ALL SECTIONS MUST BE COMPLETED
- Blood pressure and pulse MUST be recorded
- Health Care Provider (MD/DO/NP/PA) signature required

2. Body Fat Measurement Form

- Required for ALL applicants
- Health Professional, Certified Fitness Professional or High School Athletic Trainer signature required.

3. Immunization Record

- Immunizations MUST be recorded on VMI form
- Tdap MUST be within last 10 years
- Health Care Provider (MD/DO/NP/PA) signature required

4. Medical Release Form

- Every signature required – including:
 - Applicant
 - Parent/Guardian (even if applicant is 18)
 - Health Care Provider (MD/DO/NP/PA)

FORMS TO BE COMPLETED BY THE APPLICANT

1. Online VMI Health History (form *not* included in packet – see Instructions for Medical Requirements sheet for details)

2. Insurance Form

- Parent/Guardian signature required (even if applicant is 18)

**ALL INCOMPLETE FORMS WILL BE RETURNED TO APPLICANT
DODMERB PHYSICALS CANNOT BE SUBSTITUTED FOR VMI FORMS.**